

BEYOND THE COMFORT ZONE

Nature and Challenge as Catalysts for Learning

THE LESSONS

- Use natural resources to facilitate group openness
- Design learning experiences with logical sequencing, clear intention, and defined objectives
- Use challenge and discomfort as triggers for reflection
- Bring your group's attention into the present through high-ropes activities
- Connect experiential learning to organizational contexts

THE SCHEDULE

Pre-conference: April 30th, 2026

8:00	Pick-up at hotel
9:00 - 9:30	Welcome to Warica
9:30 - 11:30	Hike to Guitarritas
11:30 - 13:00	Team building activities
13:00 - 13:45	Lunch
13:45 - 15:15	High-ropes course
15:15 - 15:45	Closing activity
15:45 - 17:00	Reflection and lessons
18:00	Drop-off at hotel

THE VENUE

Warica is a team building center located among the mountains of La Huasteca Ecological Park. It opened its doors in 2015 and has since delivered programs to more than 600 corporate and school groups. It features facilities for up to 200 people, including green areas, a high-ropes course, climbing and rappelling walls, a bungee-style jump, and a swimming pool.



Americas Conference
Facilitating on the Edge
Monterrey, Mexico

THE FACILITATOR

Eduardo Treviño "El Abuelo"

- Lead Facilitator and Founder of Warica
- 30+ years of experience in group management and outdoor facilitation
- Engineer and Ontological Coach
- Specialist in team building and high-impact challenges
- Certified in mountaineering, facilitation, rope courses, and first aid
- Member of ACCT and the Nuevo León Tour Operators Association



*Bilingual,
in English and Spanish



LIVE THE WARICA EXPERIENCE

